

Please complete this form entirely to help us describe your company/wellness program. Please return to <u>utahworksitewellnesscouncil@gmail.com</u> with supporting materials by **December 18th**.

COMPANY INFORMATION

Employee Name Employee Email Company Size Multiple Locations? How long have you had a wellness program?	Employee Position Company Name Company Industry
How many employees run your wellness program?	

CHALLENGE DETAILS

Describe the challenge in a brief paragraph:

How many employees participated? How did you promote the wellness challenge? How much time did you put into running the challenge? How much did it cost to run the challenge? What incentive did you offer if any? What would you change if you ran the same challenge again? Describe your communication timeline for the challenge:

PARTICIPANT FEEDBACK

What did your employees enjoy about this challenge?

What would they like to see different?

