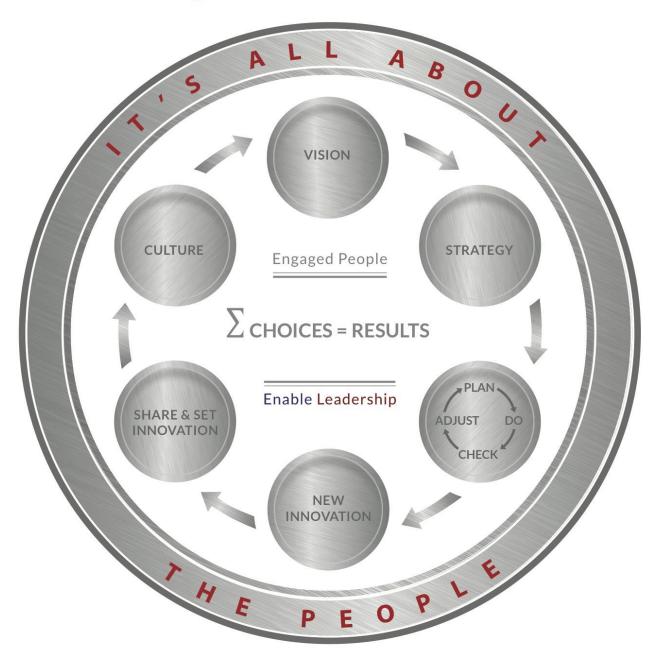
Updating Your Program to Meet the Changing Needs of Your Employees and Business

Chris Wigginton cwigginton@ussynthetic.com







Improve Wellness For Employees and their Families

Vision

Provide education and activities to improve overall health

Mission

Emotional Wellness

Intellectual Wellness

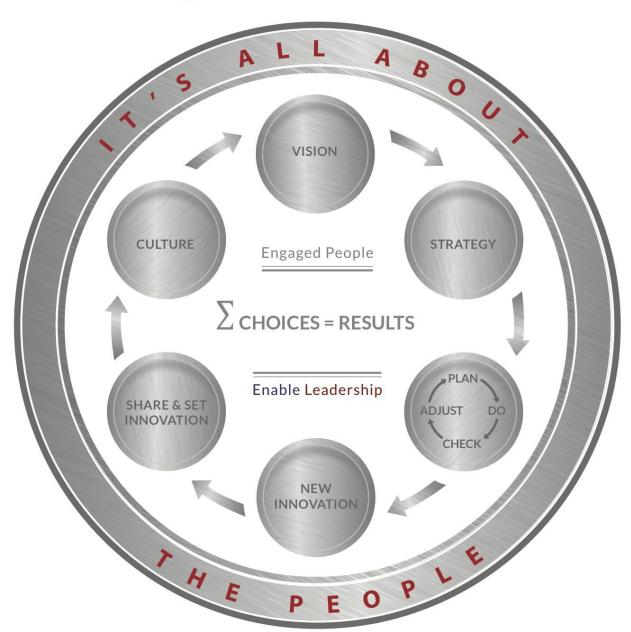
Social Wellness

Ethical Wellness Financial Wellness

Physical Wellness

Occupational Wellness

Value Drivers





Engaged People

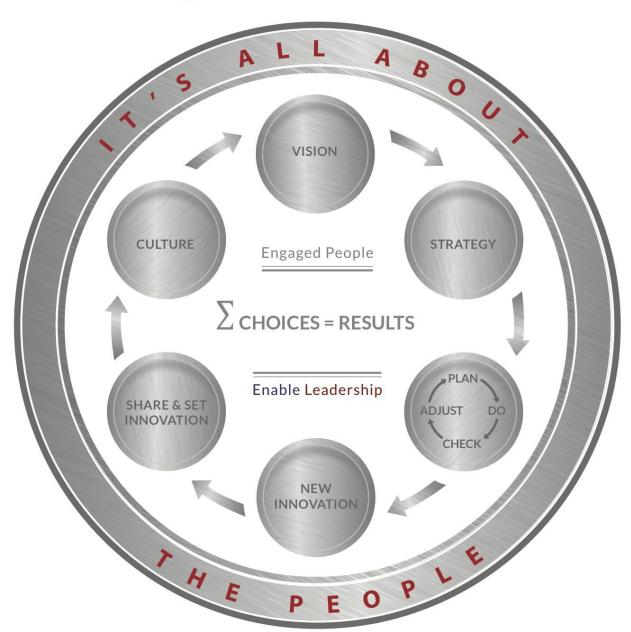
\sum CHOICES = RESULTS









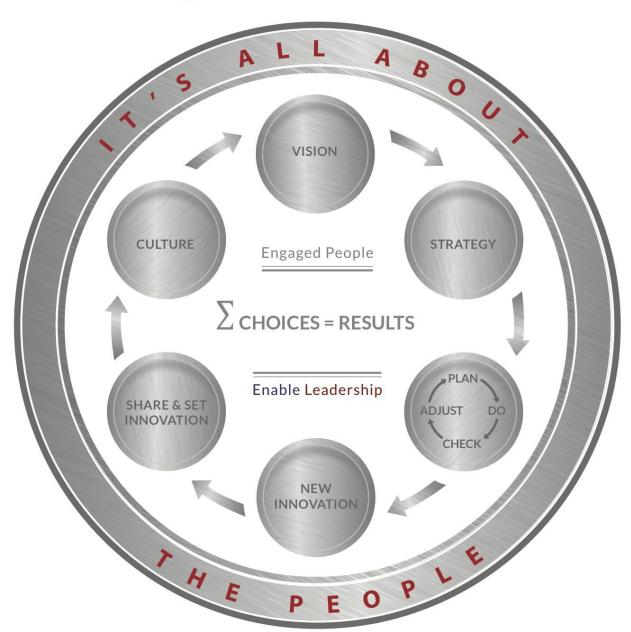






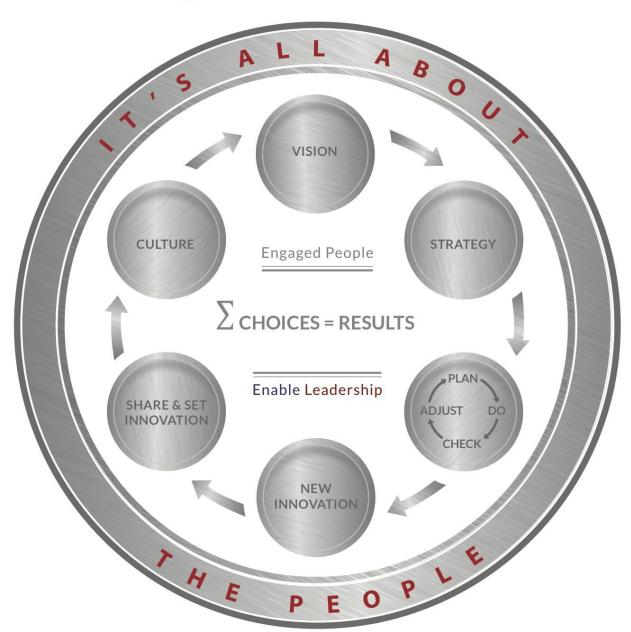
Wellness Strategy Tree

Improve Wellness For Employees and their Families











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Social Wellness

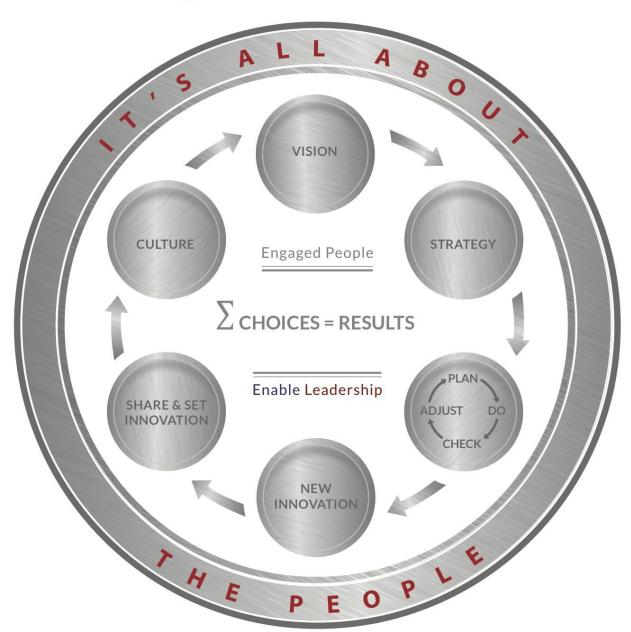
Ethical Wellness

Financial Wellness

Physical Wellness

Occupational Wellness

Value Drivers







SCIENTIFIC METHOD



Ask Questions Make Observations

PLAN

Form a Hypothesis Conduct Experiments

DO

Analyze Results

CHECK

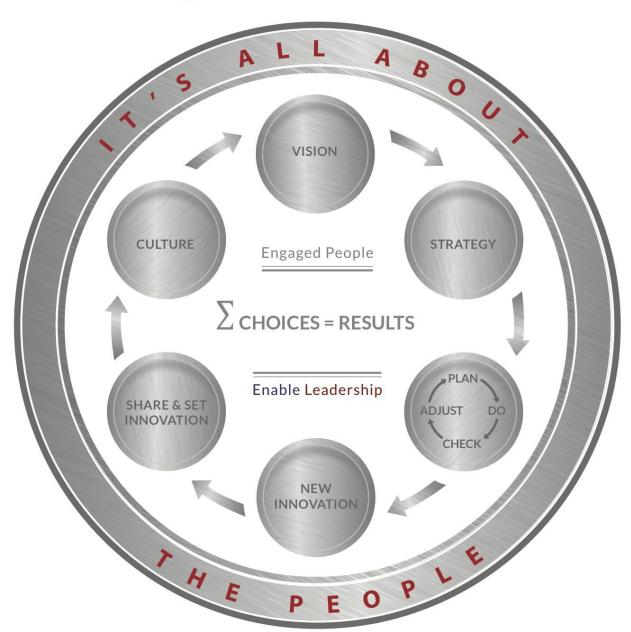
Draw Conclusion & Improve

ADJUST



Weighted Matrix

Gym usage ore=1, 5, 9



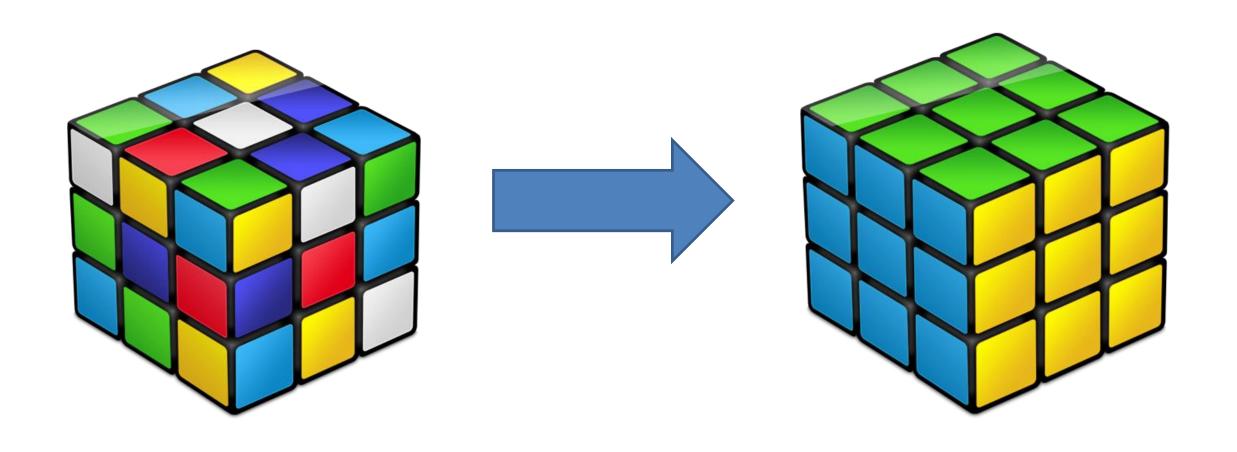


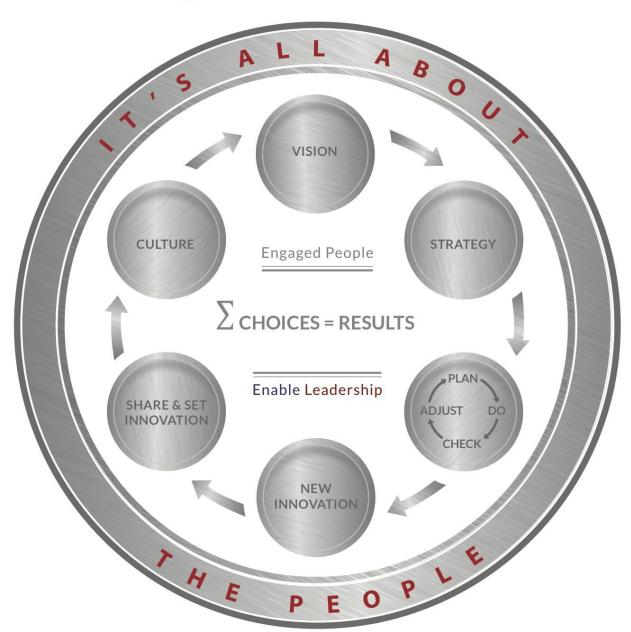




Enabl

Six Sided Solution









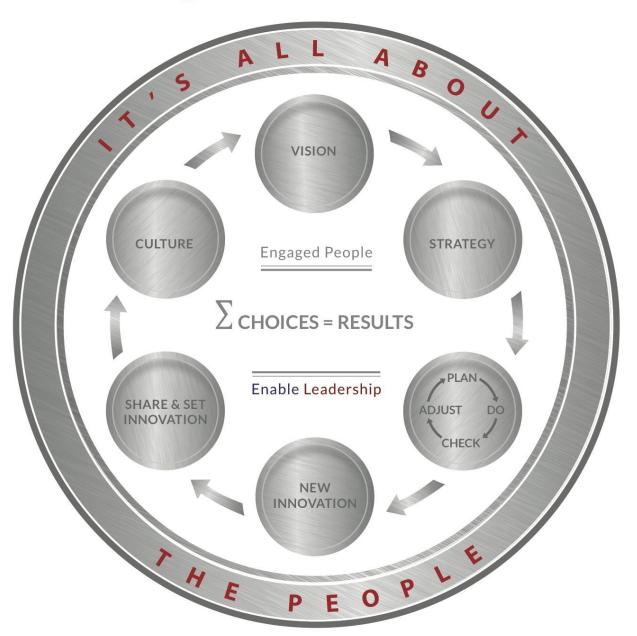
Artifacts

Behaviors

Beliefs

Experiences

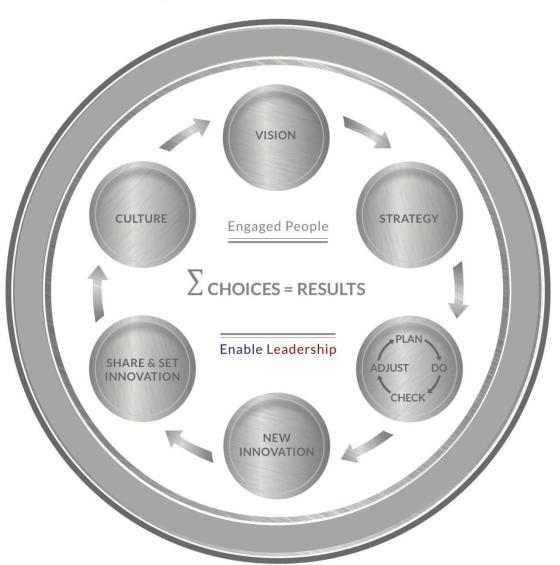




GAMETINE

What important thing is missing?





Explain the Six Sided Solution principle

Why is it important to have a vision for a wellness program?

What is a weighted matrix used for?

Thank You

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